



2022 Costumes, Hair & Makeup

Costumes

Costumes are the responsibility of dancers and their families until after the recital. Dancers will return their costume(s) and any costume accessories to the studio at the last week of classes (May 9 to 13).

Reminder: A costume replacement fee of \$80 will be charged to your account if the costume is lost, damaged, or is not returned after recital.

Important Notes:

- Undergarments should not be visible underneath any costumes.
**Dancers typically do not wear undergarments under tights or leotards. If wearing a bra please ensure it matches your skin tone or has clear straps.*
- Dance shoes and tights must be clean and not have any holes or visible marks.
**It is always a good idea to have an extra pair of tights ready for performances. Need a new pair? Some sizes/colours may be available to purchase from the studio.*
- Hair must be styled neatly in the appropriate style. No flyaways or loose hairs.
**Practice performance ready ballet buns and ponytails now! Let your dancer get used to what it feels like and be sure it will stay in place as they dance.*
- No jewellery, nail polish, or extra accessories.
**The only accessories that should be worn are ones provided with some costumes.*
- Stage makeup is required so that dancers' faces do not appear washed out on stage.
**This is not about "looking pretty" but to ensure their faces and expressions can be seen from a distance and under the stage lights.*

Class Specific Notes (in addition to base costume):

- Creative Movement (Mon & Thurs) - 'Ballet pink' tights (option: footless with bare feet or footed with dance slippers), high ponytail
- CM & Tap (Wed) - 'Ballet pink' tights, black tap shoes, high ponytail, bandana headband
- Dance Foundations Ballet (Mon) - 'Ballet pink' tights, pink ballet shoes, ballet bun
- Dance Foundations Tap (Wed) - 'Ballet pink' tights, black tap shoes, high ponytail
- Dance Foundations Hip Hop (Fri) - White (or light) shoes, high ponytail
- Primary Ballet (Mon) - 'Ballet pink' tights, pink ballet shoes, ballet bun, bun scrunchie
- Primary Jazz (Thurs) - Black jazz shoes, high ponytail
- Primary Tap (Thurs) - Skin coloured tights, black tap shoes, high ponytail, headband
- Junior Ballet (Wed) - 'Ballet pink' tights, pink ballet shoes, ballet bun, hair flower
- Junior Jazz (Tues) - Skin coloured tights, black jazz shoes, ballet bun
- Junior Tap (Tues) - Black tights, black tap shoes, low ponytail, bow tie, top hat
- Intermediate Ballet (Wed) - 'Ballet pink' tights, pink ballet shoes, low bun, hair flower
- Junior/Senior Hip Hop (Fri) - White (or light) shoes, high ponytail
- Senior Ballet (Thurs) - 'Ballet pink' tights, pink ballet shoes, low bun
- Senior Jazz (Mon) - Black tights, black jazz shoes, low ponytail
- Senior Tap (Mon) - Black tights or socks, black tap shoes, high ponytail, scrunchie
- Senior Modern (Thurs) - Bare feet, low ponytail
- Pointe (Sun) - 'Ballet pink' tights, pointe shoes, low ballet bun, hair flower

Stage Makeup & Hair

Makeup for performances ensures that facial features remain visible which helps to convey expression to the audience. All dancers are required to wear stage makeup. For younger dancers and for males the basics of blush, lip colour, eyeshadow and mascara are recommended at a minimum.

Stage makeup should include:

- Foundation (if between shades, select the darker shade for stage)
- Concealer (if necessary)
- Powder (to set and reduce shine)
- Eyeshadow (dark brown on outer half of eye with white or light highlight shadow on inner eyelid and above eyelid up to brow)
- Brow liner/powder (particularly for those with light eyebrows)
- Eyeliner (top lid with a wing extending past the edge of the eye)
- Mascara (waterproof recommended - false eyelashes not required but can be worn if desired)
- Blush (red or pink for stage, avoid brown or neutral colours)
- Lipstick (a brighter ruby/berry shade looks good on stage)

Here are some videos to give an idea of what stage makeup for a dance performance should look like. You do not need to follow these exactly but they may be helpful if this is completely new to you.

- Natural Dance Recital Makeup - Younger Dancers
 - <https://youtu.be/tqy8ag47Rkk?t=126>
- Basic Stage Makeup for Men & Women
 - <https://youtu.be/QA04MbwawUg>
- How to do Ballet Stage Makeup
 - <https://youtu.be/l3wnSeSehWs>

Performance Hair:

Whether your dancer requires a ponytail, ballet bun, or another style there must be no flyaways or loose pieces. This is the time to use your gel, hairspray and lots of hair pins and bobby pins. Loose hair is a distraction to the dancer and flyaway pieces really stand out under stage lights.

- Performance hairstyles are easiest if hair is not freshly washed; we recommend you hold off on washing your dancer's hair the day of or day before performances.
- Ballet bun specifics:
 - Classical Ballet Bun Tutorial Video - <https://vimeo.com/138680066>
 - You will need a hair elastic, hair net, hair pins (these are not the same as bobby pins), and hairspray to make a proper bun. Don't skimp on hair pins!
 - Bun "donuts" often create a bun that is rounder and larger than a proper ballet bun. They typically also make it harder for the hair pins to hold the bun securely. Dancers with shoulder length hair or longer should not use a donut.
- Clips or bobby pins to hold shorter pieces of hair off the face must match their hair colour and be well secured (ie: not likely to fall out while dancing).
- Chin length or shorter hair should be worn "half up" and pulled back cleanly off the face in order to match the look of the other dancers as much as possible.